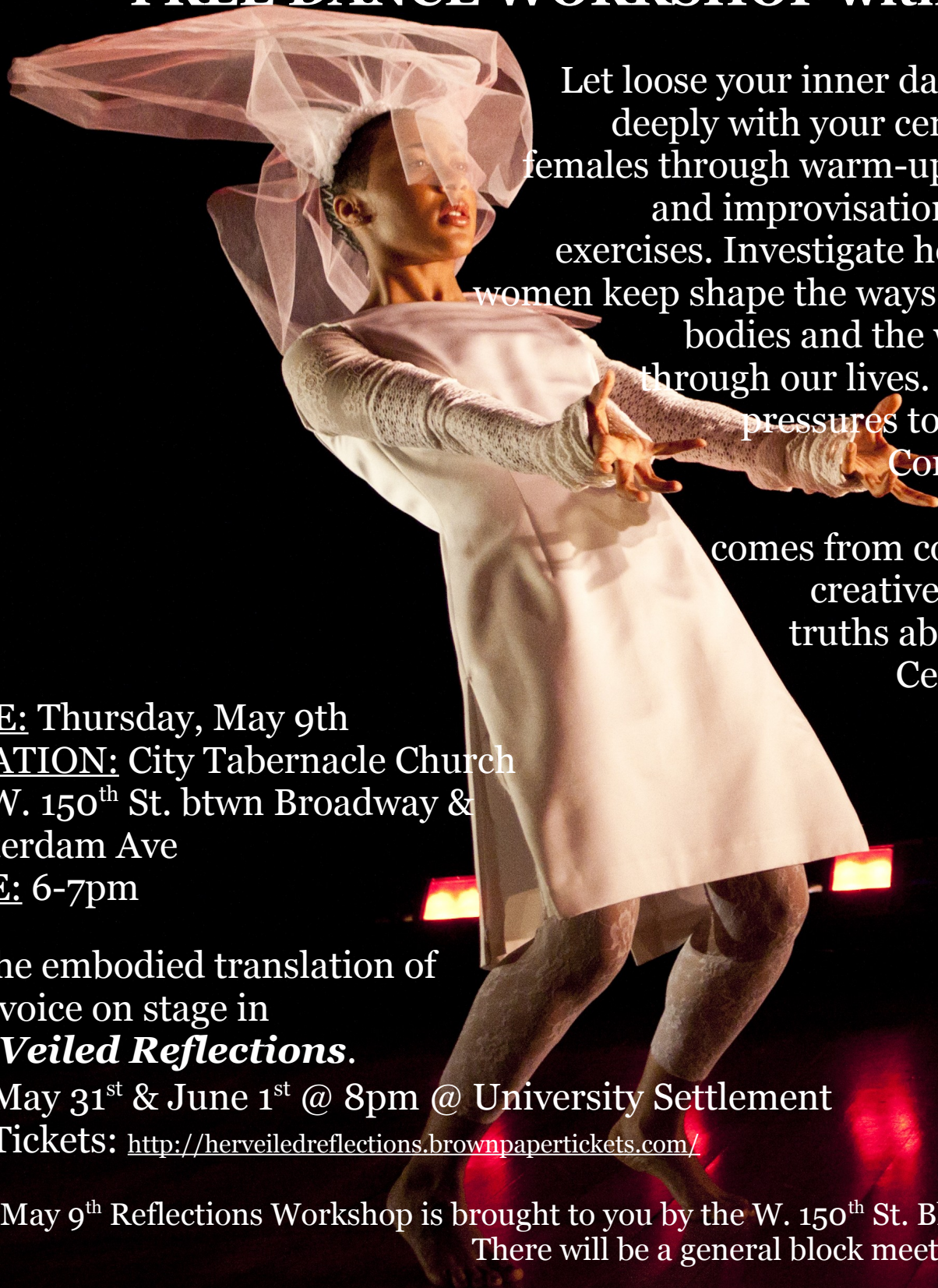


Calling ALL LADIES!

Dance your way to self discovery and be a part of Movement of the People Dance Company's new performance *Her Veiled Reflections*, presented by The Performance Project @ University Settlement.

FREE DANCE WORKSHOP with MOPDC



Let loose your inner dancer. Connect deeply with your center and other females through warm-ups, meditation and improvisational movement exercises. Investigate how the secrets women keep shape the ways we feel in our bodies and the ways we move through our lives. Reflect on the pressures to keep secrets? Connect with the power that comes from collectively and creatively sharing our truths about being 21st Century women.

DATE: Thursday, May 9th

LOCATION: City Tabernacle Church
562 W. 150th St. btwn Broadway &
Amsterdam Ave

TIME: 6-7pm

See the embodied translation of
your voice on stage in
Her Veiled Reflections.

– May 31st & June 1st @ 8pm @ University Settlement

Tickets: <http://herveiledreflections.brownpapertickets.com/>

The May 9th Reflections Workshop is brought to you by the W. 150th St. Block Association.
There will be a general block meeting after @ 7pm.